

**RDK Ultimate Int. / Gold Cup Circuit**

**CHINESE  
Juniors**

MALE/FEMALE

DIV #	AGE	RANK
K - 69	6 & under	ALL RANKS
K - 70	7 to 9	BEGINNER
K - 71	7 to 9	INTERMEDIATE
K - 72	7 to 9	ADVANCED
K - 73	7 to 9	BLACK
K - 74	10 to 11	BEGINNER
K - 75	10 to 11	INTERMEDIATE
K - 76	10 to 11	ADVANCED
K - 77	10 to 11	BLACK
K - 78	12 to 14	BEGINNER
K - 79	12 to 14	INTERMEDIATE
K - 80	12 to 14	ADVANCED
K - 81	12 to 14	BLACK
K - 82	15 to 17	BEGINNER
K - 83	15 to 17	INTERMEDIATE
K - 84	15 to 17	ADVANCED
K - 85	15 to 17	BLACK

**Adult Underbelt Kata**

DIV #	AGE	RANK	M/F
K - 138	18 to 34	BEGINNER	
K - 139	18 to 34	INTERMEDIATE	
K - 140	18 to 34	ADVANCED	
K - 141	35 +	BEGINNER	
K - 142	35 +	INTERMEDIATE	
K - 143	35 +	ADVANCED	

**Adult Black Belt Kata**

DIV #	AGE	
K - 154	18 to 34	CHINESE - MALE
K - 155	18 to 34	CHINESE - FEMALE
K - 160	35 to 44	CHINESE - MALE
K - 161	35 to 44	CHINESE - FEMALE
K - 166	45 +	CHINESE - MALE
K - 167	45 +	CHINESE - FEMALE